

# Management of Respiratory Arrest Bag-Mask Ventilation Testing Checklist



Student Name: \_\_\_\_\_ Test Date: \_\_\_\_\_

Performance Guidelines and Critical Actions	✓ if done correctly
<b>BLS Survey and Interventions</b>	
Checks for responsiveness • Taps and shouts, “Are you all right?” <i>and</i> • Scans chest for movement (5-10 seconds)	
Activates the emergency response system • Activates the emergency response system and gets the AED <i>or</i> • Directs second rescuer to activate the emergency response system and get the AED	
Checks carotid pulse (5-10 seconds). Notes that pulse is present Does not initiate chest compressions or attach AED Performs ventilations at the correct rate of 1 breath every 5-6 seconds (10-12 breaths per minute)	
<b>ACLS Survey Case Skills</b>	
Inserts oropharyngeal or nasopharyngeal airway	
Administers oxygen	
Performs correct bag-mask ventilation for 1 minute	
<b>Critical Actions</b>	
Effectively ventilates with a bag-mask device for 1 minute	
Gives proper ventilation—rate and volume	

**STOP TEST**

Test Results	Circle P or NR to Indicate Pass or Needs Remediation:	P	NR
Instructor signature affirms that skills tests were done according to AHA Guidelines.  <i>Save this sheet with course record.</i>	Instructor Signature: _____  Print Instructor Name: _____  Date: _____		