

# CPR and AED Skills Test

## 1-Rescuer Adult CPR and AED Checklist



Student Name: \_\_\_\_\_ Test Date: \_\_\_\_\_

Skill Step	Critical Performance Steps	✓ if done correctly
<b>BLS Survey and Interventions</b>		
<b>1</b>	Checks for responsiveness: <i>Taps and shouts, "Are you all right?" and scans the chest for movement (5-10 seconds)</i>	
<b>2</b>	Tells someone to activate the emergency response system and get an AED	
<b>3</b>	Checks carotid pulse ( <i>minimum 5 seconds; maximum 10 seconds</i> )	
<b>4</b>	Bares patient's chest and locates CPR hand position	
<b>5</b>	Delivers first cycle of compressions at correct rate ( <i>acceptable: 18 seconds or less for 30 compressions</i> )	
<b>6</b>	Gives 2 breaths (1 second each)	
<b>AED Arrives</b>		
<b>AED 1</b>	Turns AED on, selects proper pads, and places pads correctly	
<b>AED 2</b>	Clears patient to analyze ( <i>must be visible and verbal check</i> )	
<b>AED 3</b>	Clears patient to shock/presses shock button ( <i>must be visible and verbal check; maximum time from AED arrival less than 45 seconds</i> )	
<b>Student Continues CPR</b>		
<b>7</b>	Delivers second cycle of compressions at correct hand position ( <i>acceptable: greater than 23 of 30 compressions</i> )	
<b>8</b>	Gives 2 breaths (1 second each) with visible chest rise	
<p><i>The next step is performed only if the manikin is equipped with a feedback device, such as a clicker or light. If there is no feedback device, STOP THE TEST.</i></p>		
<b>9</b>	Delivers third cycle of compressions of adequate depth with complete chest recoil ( <i>acceptable: greater than 23 compressions</i> )	

### STOP TEST

Test Results	Circle P or NR to Indicate Pass or Needs Remediation:	P	NR
Instructor signature affirms that skills tests were done according to AHA Guidelines.  <i>Save this sheet with course record.</i>	Instructor Signature: _____  Print Instructor Name: _____  Date: _____		